Reflecting with Parents Using the KIPS Assessment & PAT Curriculum

April 30, 2013
National Smart Start Conference
Greensboro, NC

Angela Rau
ACTT Consulting

Marilee Comfort
Comfort Consults

Parent-Child Relationship

Relies on Parents’:
• Observation Skills
• Self-awareness
• Making meaning
• Use of past and current knowledge

The Relationship is the STAR of the Visit

Relationship Patterns

Track
Respond
Wonder
Wait
Watch

Guides PE in understanding strengths and risks/challenges a family faces in taking care of their child

Relationship Patterns

Track
Respond
Wonder
Wait
Watch

Shows respect. Provides a safe space to share, express feelings, and make connections.

Relationship Patterns

Track
Respond
Wonder
Wait
Watch

Shows curiosity to learn about each family. Provides a safe space for thoughts that question what is unknown or are guesses.
**Relationship Patterns**

- **Watch**: Offers encouragement, empathic responses, information, or solicits ideas.
- **Wait**: Captures the progress and the influence of this helping relationship on the family.

**WWWT Activity**

Rejoin Your Small Group. Discuss:
1) Which of the patterns are most comfortable for you?
2) Which part of the patterns are most challenging?
3) How do patterns change when you work with different families?

**Selecting Quality Tools for Screening or Assessment**

- **Support the PE’s Role:** Partnering, Facilitating, Reflecting
- **Valid**
- **Reliable**
- **Sensitive**
- **Specific Behaviors**
- **Standardized Procedures**
- **Culturally Sensitive**
- **Training Available**

**Like Child Screening, Parenting Assessment is Valuable for Enhancing Parent-Child Interaction**

- **Parent-Child Play Video**
**KIPS Overview**

- Meets PAT Assessment Requirements
- Deepens Focus on 12 Parenting Behaviors
- Observe 15-20 min of Parent-Child Play
- Learning Tool for Reflection on Parenting
- Guides Positive Change
- Evidence of Parenting Outcomes

**Parenting Behaviors Map**

1. Nurturing
2. Designing/Guiding
3. Responding
4. Communicating
5. Supporting Learning

**Parent-Child Play Video**

**Responding: PAT Resources**

- Self-awareness
- Observation

**Responding: PAT Resources**

- Parenting Makes a Difference
- Screening and Assessment Results
Responding: PAT Resources

Parent Handouts
- Research based information
- Child development
- Parent behaviors
- Beware of Sensory Overload
- Guard Against Choking

Activity Page
- Child Skills
- Parent Behavior

Bottom Line = Tracking

How Do You Track Progress in Parenting Behaviors?
- Set and Track SMART Parenting Goals (Specific, Measurable, Achievable, Realistic, Timely)
- Progress Notes
- Parenting Assessment
- ?????

Take Home Messages
- Reflection is Key to Parenting and Parent Ed
- Use WWWRT Relationship Patterns
- Parenting Assessment Contributes to Child Outcomes
- Both PAT Curriculum and KIPS Offer Learning Resources to Parents

Angela Rau
Angela.Rau@ACTT-Consulting.com
Marilee Comfort
Marilee@ComfortConsults.com
www.ComfortConsults.com

Feel free to contact us via email