



**Science of Behavior Change Research Network
 Steering Committee and External Scientific Panel Meeting
 Bethesda North Marriott Hotel and Conference Center
 January 10-11, 2018**

AGENDA

Revised January 9, 2018

| Wednesday, January 10, 2018 | | White Oak A/B |
|------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|
| 8:00 a.m. | Continental Breakfast | White Oak B |
| 9:00 | Welcome | Karina Davidson |
| 9:15 | UH3 Transition Application Process and Requirements Q&A | Melissa Riddle Jonathan W. King |
| 10:15 | Project Presentation: Everyday Stress Response Targets in the Science of Behavior Change | Joshua Smyth David Almeida |
| 10:45 | Network Discussion and Q&A | |
| 11:00 | BREAK | White Oak B |
| 11:15 | Project Presentation: How Does Stress Affect Health Behaviors: Preferences, Beliefs, or Constraints | Johannes Haushofer |
| 11:45 | Network Discussion and Q&A | |
| 12:00 p.m. | Project Presentation: Applying Novel Technologies and Methods to Inform the Ontology of Self-Regulation | Lisa Marsch |
| 12:30 | Network Discussion and Q&A | |
| 12:45 | LUNCH | White Oak B |
| 1:45 | Project Presentation: Mindfulness Influences on Self-Regulation: Mental and Physical Health Implications | Eric Loucks Willoughby Britton |
| 2:15 | Network Discussion and Q&A | Zev Schuman-Olivier |
| 2:30 | Project Presentation: Engaging Self-Regulation Targets to Understand the Mechanisms of Behavior Change and Improve Mood and Weight Outcomes | Jun Ma Leanne Williams |
| 3:00 | Network Discussion and Q&A | |

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| 3:15 | EXTENDED BREAK To allow for UH2 PIs to meet with NIH Program Officials and Project Scientists about project-specific issues. | White Oak A/B |
| 3:45 | How to Measure Medication Adherence | Ian Kronish |
| 4:15 | Brief Tour of Measures Repository | Karina Davidson Donald Edmondson |
| 5:00 | ADJOURN | |
| 6:15 | Group Dinner | Owen's Ordinary 11820 Trade Street N. Bethesda, MD 20852 |

Thursday, January 11, 2018

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| 8:00 a.m. | Continental Breakfast | White Oak B |
| 8:45 | Thursday Morning Kickoff | Donald Edmondson Karina Davidson |
| 9:30 | Project Presentation: Targeting Self-Regulation to Promote Adherence and Health Behaviors in Children | Alison Miller |
| 10:00 | Network Discussion and Q&A | |
| 10:15 | Project Presentation: Delay Discounting as a Target for Self-Regulation in Pre-Diabetes | Len Epstein |
| 10:45 | Network Discussion and Q&A | |
| 11:00 | BREAK | White Oak B |
| 11:15 | Project Presentation: Targeting Corrosive Couple Conflict and Parent-Child Coercion to Impact Health Behaviors and Regimen Adherence | Amy Slep Richard Heyman Danielle Mitnick |
| 11:45 | Network Discussion and Q&A | |
| 12:00 p.m. | ESP Q&A for SOBC Program and Research Network | White Oak A |
| 12:30 | BOX LUNCH | White Oak B |
| 1:15 | Concurrent Sessions | |
| | <ul style="list-style-type: none"> • ESP and NIH Closed Session • RCC Office Hours for UH2 Teams | White Oak A White Oak B |
| 3:15 | ADJOURN | |